

Ashtin M. Adkins, Psy. D.

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EDUCATIONAL BACKGROUND:

Marshall University (APA Accredited): Doctorate earned August, 2015

GPA: 3.93 of a maximum 4.0

Area of Study: Doctor of Psychology - Clinical Psychology

Marshall University: Master's Degree earned August, 2012

GPA: 3.93 of a maximum 4.00

Area of Study: General Psychology

Concord University: Bachelor's Degree earned May, 2010

GPA: 3.84 of a maximum 4.00

Area of Study: Psychology, Pre-Law, and Sociology

Honors: Summa Cum Laude

PROFESSIONAL CREDENTIALS:

•Licensed as a Clinical Psychologist in the state of Arizona (License Number 4713).

•February 2016 – Present

•Licensed as a Clinical Psychologist in the state of West Virginia (License Number 1190)

•April 2018 – Present

•National Register Health Service Psychologist (Registrant ID #55867)

•December 2017 - Present

RELEVANT WORK EXPERIENCE:

Federal Correctional Institution Beckley

February, 2017 - Present

1600 Industrial Road

Beaver, WV 25813 United States

Title: Clinical Psychologist (Staff Psychologist)

Duties:

•Complete mental health screenings for newly arriving inmates;

•Conduct individual, evidence-based mental health treatment with a male correctional population;

•Engage in multi-disciplinary (CCARE) meetings in an effort to provide informed, well-rounded treatment to inmates, as well as disseminate relevant information to fellow staff members;

•Complete diagnostic interviews, to include appropriate testing, in order to formulate diagnostic impressions and inform treatment plans;

•Engage in crisis interventions;

•Facilitate psychoeducational group therapy;

•Provide education to fellow staff members and inmates about mental health;

•Determine mental health needs of inmates leaving the institution and communicate with receiving staff for purposes of continuity of care;

- Provide treatment for inmates who are reported victims of sexual abuse;
- Manage the inmate suicide companion cadre and serve as the Suicide Program Coordinator;
- Serve on the Affirmative Employment Committee as the Hispanic Program Manager – Alternate;
- Serve as Acting Chief Psychologist on an as needed basis;
- Coordinate with multiple other departments to implement the Prison Smart program.

Hudson Forensic Psychology

February, 2018 - Present

1335 Virginia Street East
Charleston, WV 25301 United States

Title: Forensic Evaluator

Duties:

- Complete comprehensive reports outlining mental health, involvement with CPS, and other relevant collateral information to provide appropriate recommendations for the reliable attainment of minimally adequate parenting.
- Conduct psychological evaluations of children and adolescents related to potential parental reunification, as well as a variety of other referral questions.
- Provide testimony to the court when called upon.

United States Penitentiary Big Sandy

August, 2015 – February, 2017

1197 Airport Road
Inez, KY 41124 United States

Title: Clinical Psychologist (Staff Psychologist)

Duties:

- Completed mental health intake screenings for newly designated inmates;
- Completed thorough diagnostic interviews and documented diagnostic impressions;
- Completed suicide risk assessments and crisis interventions as clinically indicated;
- Participated in interdisciplinary communication regarding inmates with a variety of mental health diagnoses;
- Consulted with Health Services to recommend evaluations for psychotropic medications;
- Coordinated follow-up psychological care for inmates releasing into the community;
- Developed treatment plans based upon evidence based practices;
- Prepared comprehensive psychological reports regarding treatment needs and communicated the results to relevant staff and inmates;
- Facilitated Anger Management and Emotional Self-Regulation groups for inmates enrolled in the Residential Drug Abuse Program;
- Facilitated priority practice groups, such as Anger Management and Criminal Thinking groups, on a weekly basis for inmates in the general population;
- Completed intellectual evaluations using the Wechsler Adult Intelligence Scale-Fourth Edition (WAIS-IV), as well as the Woodcock Johnson Tests of Achievement Third Edition, and completed comprehensive psychological reports based upon the data. Results were communicated to appropriate departments within the institution and often used to request GED accommodations;
- Completed psychological assessments, such as the Beck Depression Inventory-Second Edition (BDI-II), Beck Anxiety Inventory (BAI), Miller Forensic Assessment of Symptoms Test (M-FAST), Structured Interview of Reported Symptoms (SIRS), and the St. Louis University Mental Status assessment (SLUMS) to aid in diagnostic clarification and treatment planning purposes.

Federal Correctional Complex, Petersburg

August, 2014 – August, 2015

1060 River Road
Hopewell, VA 23860 United States

Title: Doctoral Psychology Intern

Duties: Completed a General Mental Health Rotation. Rotation included the completion of the following tasks:

- Conducted therapy sessions using evidence based treatment protocols with inmates on a routine basis;

- Completed crisis intervention as needed;
- Participated in interdisciplinary communication regarding inmates with a variety of mental health diagnoses;
- Identified inmates' behavioral, emotional, personality, and drug/alcohol problems;
- Coordinated follow-up psychological care for inmates releasing into the community;
- Provided brief intervention to inmates in the Special Housing Unit on an as needed basis;
- Completed psychology intake screenings for new and transferring inmates;
- Developed treatment plans based upon evidence based practices;
- Conducted diagnostic interviews and formulated diagnostic impressions based upon a variety of information.

Completed a rotation working within the Sex Offender Management Program (SOMP). Rotation included completion of the following tasks:

- Facilitated group and individual psychological interventions with male and transgender sexual offenders on a weekly, bi-weekly, and monthly basis;
- Prepared comprehensive psychological reports regarding treatment needs and communicated the results to relevant staff and inmates;
- Administered, scored, and interpreted a variety of psychological instruments, such as the STATIC-99R, STABLE-2007, Multiphasic Sex Inventory-Second Edition (MSI-2), and the Psycho-Sexual Life Questionnaire;
- Enforced corrective management plans by reviewing sexually focused risk relevant material with SOMP inmates;
- Completed discharge summaries for inmates completing sex offender treatment or transferring to treatment for high-risk offenders.

Completed a rotation with the Residential Drug Abuse Program (RDAP). Rotation included the completion of the following tasks:

- Facilitated group and individual psychotherapy on a weekly, bi-weekly, and monthly basis with inmates who have documented histories of substance use disorders;
- Facilitated Anger Management for inmates enrolled in RDAP;
- Identified inmates' behavioral, emotional, personality, and drug/alcohol use problems and developed individualized treatment plans for each inmate.

Completed a secondary (long-term) rotation. Rotation included the completion of the following tasks:

- Conducted long term therapy;
- Facilitated Anger Management and Criminal Thinking groups on a weekly basis;
- Completed intellectual evaluations using the Wechsler Adult Intelligence Scale-Fourth Edition (WAIS-IV) and completed comprehensive psychological reports based upon the data. Results were communicated to appropriate departments within the institution;
- Participated in and taught relevant psychology related information at annual training;
- Coordinated research activities associated with a program evaluation for the Inmate Companion Program;
- Participated in the operational and program reviews for the Psychology Department;
- Presented dissertation research to psychology staff;
- Completed a mock testimony exercises;
- Presented stress management strategies to fellow staff members.

Hudson Forensic Psychology

May, 2013 – August, 2014

1335 Virginia Street East

Charleston, WV 25301 United States

Title: Supervised Psychologist

Duties:

- Completed clinical interviews and diagnostic testing with adults, children, and adolescents;
- Administered, scored, and interpreted a variety of personality, intelligence, achievement, independent living, and stress assessments, such as the Wechsler Abbreviated Scale of Intelligence-Second Edition (WASI-II), Kauffman Brief Intelligence Scale-Second Edition (KBIT-2), Wechsler Adult Intelligence Scale-Fourth Edition

(WAIS-IV), Independent Living Scale (ILS), and the Parenting Stress Index (PSI);

- Prepared comprehensive psychological evaluations for the court;
- Observed and participated in competency evaluations for children and adults;
- Participated in court proceedings regarding clients when appropriate.

Marshall University

August, 2011 – May, 2014

One John Marshall Drive

Huntington, WV 25755 United States

Title: Teaching Assistant

Duties:

Taught the following courses at Marshall University: Theories of Personality (Psychology 360), Introduction to Psychology (Psychology 201), and Child Assessment Practicum (Psychology 671). Duties included the following:

- Taught undergraduate students basic psychological concepts, such as the principles of learning and memory, as well as types of therapy and disorders;
- Taught undergraduate students about many theories of personality, such as those proposed by Freud, Klein, Alder, etc;
- Taught graduate students the procedures involved in administering and scoring psychological tests, such as Wechsler Intelligence Scale for Children Fourth Edition (WISC-IV), Woodcock Johnson Tests of Achievement Third Edition (WJ-III), Wisconsin Card Sorting Task, Behavior Assessment System for Children Second Edition (BASC-2), and Minnesota Multiphasic Personality Inventory for Adolescents (MMPI-A).

PROFESSIONAL TRAININGS:

- Diagnosing Mental Illness: Expanding Considerations in Restrictive Housing – Mood Disorders
- Diagnosing Mental Illness: Expanding Consideration in Restrictive Housing – Schizophrenia and Malingering
- Lessons Learned from Litigation – Preventing 8th Amendment Deliberate Indifference Liability
- Prescriptive Authority for Psychologists
- CBT for Psychosis in Clinical Practice
- Domestic Violence Guidelines: Identifying and Responding to Domestic Violence
- Ethical Clinical Practice in Correctional Settings
- Competency to Stand Trial Evaluations
- Parsing Psychopathy
- Diversity in Supervision
- Rape and Sexual Assault
- PTSD and Substance Abuse: Implementing Seeking Safety
- Ethical and Competent Care of Suicidal Patients
- The Prison Rape Elimination Act: Responsibilities for the Clinical Psychologist
- Ethical Principles of Psychologists and Code of Conduct
- Effects of Using Anabolic Androgenic Steroids
- Psychologists Should Treat Alcohol and Drug Problems
- Peer Support - Avenue to Recovery
- The Personality Assessment Inventory (PAI)
- Perfecting Priority Practice - Seeking Safety
- Forensic Medical Examinations-An Overview
- Cultural Diversity and Cross Cultural Practice in Corrections
- Culturally Competent Treatment
- Trauma Informed Care and Seeking Safety
- Synthetic Cannabinoids: K2/Spice
- Record Keeping and Risk Management
- Is it All Active Attention-Seeking? Delineating the Histrionic and Turbulent Spectra

- Efficient and Effective: Three Practices
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PROFESSIONAL PUBLICATIONS:

- Adkins, A., Cook, K., Fugett, A., & Lindberg, M.A. (2014). Tests of theories of crime in female prisoners: Strain, social bond and control, age graded informal social control, risk taking, and dynamic systems theories. Internal technical report prepared for the Division of Justice and Community Service, Office of Research and Strategic Planning, State of West Virginia.
 - Lindberg, M., Fugett, A., Adkins, A., & Cook, K., (2014). Tests of theories of crime in female prisoners: Social bond and control, risk taking, and dynamic systems theories. International Journal of Offender Therapy and Comparative Criminology.
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OTHER RELEVANT INFORMATION:

Research Presentations:

- Adkins, A. (2013, October). Correlates of criminal behavior among female prisoners. Presented at the West Virginia Psychological Association. Charleston, WV.
- Adkins, A. (2013, March). Correlates of criminal behavior among female prisoners. Presented at the Sigma Xi International Research Conference. Online.

Grants:

- Correlates of criminal behavior among female prisoners in West Virginia (January, 2013).
- This project was supported by a grant provided by the Criminal Justice Statistical Analysis Center from the West Virginia Division of Justice and Community Services, Center for Evidence Based Practice.
- Co – Investigator: Ashtin Adkins, M.A.

Awards:

- Earned multiple time off awards while working within the Bureau of Prisons.
- Earned a Special Act Award while working within the Bureau of Prisons.
- Earned a Quality Step Increase.